

ENLIVEN, Cognitive Intervention Programme (CIP) 2.0

For persons living with mild to moderate dementia

ENLIVEN is a 7-week intervention programme to enrich the lives of Persons Living with Dementia (PLWD), offering twice weekly, 3-hour group sessions with physical, cognitive, and social activities. Caregivers are encouraged to observe to support continued engagement at home.



We ENLIVEN PLWDs through:

- Stimulate Minds (Strengthen Cognitive Function)
- Build Strength (Movement and Mobility)
- Connect People (Social Engagement)



Suitable for

- PLWDs with mild to moderate dementia, diagnosed by SMC-registered medical practitioners
- Able to participate safely; those with unsteady gait or toileting needs must have a caregiver present
- Medically stable and non-infectious

Fees Per Session

With Subsidy

Singaporeans: From \$16
Permanent Residents: From \$36

Without Subsidy

\$80 (Fees only)
\$122 (With transport)

Singaporeans and PRs may be eligible for subsidies, and will be assessed based on their household monthly income per person under the National Means Testing System (NMTS).