YONG EN CARE CENTRE

October 2026 Newsletter
MDDI (P) 079/03/2026

# Strength in Every Story. Growth in Every Generation.



# Latest Happenings




## Celebrating 30 Years of Yong-en

### Strength in Every Story. Growth in Every Generation.



*Dialogue between youth volunteers Christoher (left), Insyirah (right) and Mr Benjamin Chan, former Executive Director.*

On 5 September 2026, we gathered at Furama RiverFront to celebrate 30 years of Yong-en Care Centre with the people who have been part of our journey - our supporters, partners, staff, volunteers and service users.

From our beginnings in 1996 to the work we do today, every story reflects the many hands that have helped Yong-en grow.

A special highlight was an intergenerational dialogue between youth volunteers, Insyirah and Christopher, and our first Executive Director, Mr Benjamin Chan, who shared memories of Yong-en's early days and the courage it took to introduce dementia care when it was still unfamiliar.

We also unveiled our new corporate video, featuring the tingkat as a symbol of our journey. For 30 years, many hands have filled it with time, resources, expertise and generosity, while others have carried care into the community.

**As we look towards the next 30 years, we are grateful to everyone who has been part of our story.**

**Many hands fill the tingkat. Many hands carry it.**



*Presentation of Tingkat to Mdm Pearlie Ow, wife of Yong-en Care Centre's founder*



*Group photo of service users, volunteers and staff at the luncheon.*



*Cake-cutting ceremony with Yong-en's current and former management team.*









# Relive the Celebration!

Revisit the special moments and stories from our 30th Anniversary Luncheon through the photos and videos below.

### Photos from the Luncheon

From heartfelt reflections to the cake-cutting and activities, relive the moments that made the afternoon special.

Event Photos

### 30th Anniversary Highlight Video

Catch the highlights, from opening remarks by our Vice-President and closing words by our Executive Director to the intergenerational dialogue.

Highlight Video

### Yong-en's Corporate Video

It reflects on Yong-en's 30-year journey and the people behind our work. At its heart is the tingkat, symbolising how many hands, through their time, resources, expertise and generosity, come together to carry care to those who need it.

Corporate Video

## 30th Anniversary Luncheon Highlights

- **Over 340 attendees** joined Yong-en for its 30th anniversary celebrations.
- **80 service-users** celebrated side by side with the Yong-en community.
- **6 fringe activities**, from charity art displays to photo booths, enriched the afternoon's festivities.
- **Over 20 corporate donors and community partners** stood with Yong-en to celebrate 30 years of impact.
- **192 passionate volunteers, individual donors, and friends** came together to to champion Yong-en's 30th anniversary milestone.

### Quotes from our 30th Anniversary Luncheon attendees:

*It has been an awesome & fulfilling journey with Yong-en!*

*To more fruitful years ahead !!*

*Thank you for the good work, keep it up. Jia'You Yong-en*























# Wrap the year with love and joy.

The season of giving is more than exchanging presents. It's about sharing what we have - our time, talents and generosity to bring a little more joy to those around us.

Chinatown is a lively blend of old and new, home to seniors and families who are part of the community we serve. Through **With Love, Chinatown 2026 (WLC)**, Yong-en's signature year-end campaign, we bring businesses, neighbours and volunteers together to share kindness and care with the community.

## Make giving part of your year-end celebrations

From **1 October to 31 December 2026**, we invite you to be part of With Love, Chinatown by starting your own fundraiser for Yong-en!

Your fundraising helps Yong-en continue providing care and support to seniors and families in our community. Together, we can help ensure that cost doesn't become a barrier to receiving the care they need.

**Looking for ideas? You could:**

- 🎂 Celebrate your birthday or Christmas by asking for donations instead of gifts
- 🏃 Take on a personal challenge and rally friends and family
- 🍪 Sell your bakes, crafts or creations and donate the proceeds
- 🎄 Turn a festive activity into a fundraiser
- 🏢 Rally your colleagues or friends to give together

**Have an idea? Let's make it happen together!**
Get in touch with us to find out how to set up your own fundraising sub-campaign under With Love, Chinatown. We'd be happy to explore ideas with you!

**Contact Nicole or Haley at 6225 1002 or yong-encommunity@yong-en.org.sg.**

**Prefer to donate directly? You can support With Love, Chinatown here:**
https://www.giving.sg/donate/campaign/with-love-chinatown-2026-yong-en

**Scan to donate or fundraise**

*All donations to **With Love, Chinatown 2026** are eligible for 250% tax deduction and may receive up to 50% matching under Tote Board's Enhanced Fund-Raising (EFR) Programme.

**More exciting collaborations are on the way! Follow us on Instagram [@yongencares] for updates coming in mid-November.**

# Past Fundraisers for Yong-en



*Corporate Team Fundraising for Children's Outings*






*Student-Led Fundraising at Carnivals*

*Handmade Crafts for a Cause*

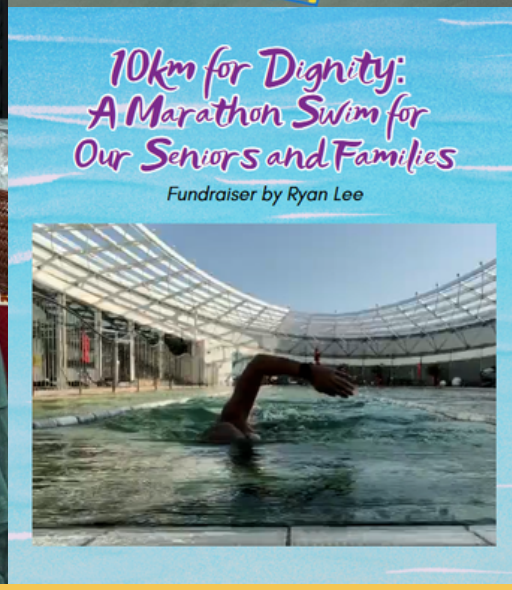





*Ryoitsu Business Partnership – Giving back through a percentage of sales to support Yong-en's work.*




*A Marathon Swim for Our Seniors and Families*




Your support helps Yong-en bring care and support to over 2,000 service users through dementia care, home care, active ageing, food provisions, youth academic, development and mental wellbeing programmes.

**Together, we can keep care within reach for those who need it.**




*Youth volunteers supporting Yong-en's Strong and Healthy Fiesta.*
*Seated: Insyirah (third from the left) and Christopher (fourth from the left)*




*Behind the scenes of Yong-en corporate video filming.*

# Story Features

## From Receiving to Giving Back




*Christopher receiving the 2025 Bursary Award in recognition of his academic efforts and good character.*

Every young person carries a story shaped by their circumstances, but at Yong-en, we believe circumstances are never the whole story. Christopher and Insyirah are living proof.

Christopher's family moved to Singapore from Indonesia, hoping to give him a smoother start to his studies. But tuition costs were a real barrier, until a classmate told him about Yong-en's free tuition programme. Christopher joined in early 2025, during his final year before tertiary education. His consistent attendance, good conduct and dedication to learning earned him the Yong-en Bursary Award, recognising his academic efforts and positive attitude towards learning.

Insyirah's journey with Yong-en began when Kukoh+, Children & Youth Centre opened in 2022, after she was introduced by former staff member Bryson. What started as a place to belong became a space where she reconnected with old friends, made new ones and grew in confidence.

Today, both have grown from programme participants into youth volunteers, supporting tuition sessions and outings, and helping out as ushers and booth helpers at Yong-en's events. Most recently, they joined a dialogue with our former Executive Director, Mr Benjamin Chan, at our 30th Anniversary Luncheon.

Once reserved and hesitant, they have grown into confident young people who give back to the community that supported them. Inspired by his own tutors, Christopher now supports younger students, while Insyirah serves as a role model to those coming up behind her. Their journeys show what is possible when young people are given the encouragement and opportunities to discover their strengths and make a difference.



*Christopher taking attendance at the Saturday Tuition Programme.*




*Insyirah guiding a participant in using the Gym Tonic equipment at the Strong & Healthy Fiesta.*




*Dialogue between youth volunteers Christoher (left), Insyirah (right) and Mr Benjamin Chan, former Executive Director.*






*Seniors living with dementia sharing stories of their past occupations with kindergarten children, fostering intergenerational connections*

# Story Features

## Care That Celebrates Every Individual

Every person living with dementia has a story.

Some were teachers. Some raised families. Some loved dancing or gardening. Others still light up at a familiar song or a friendly game of mahjong. While dementia may affect memory and daily life, it never changes who a person is.



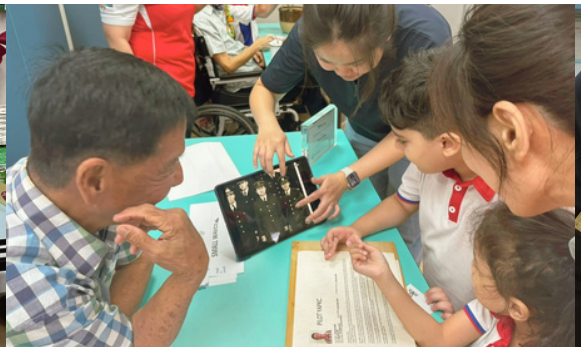
*Seniors with dementia taking on adapted HYROX-inspired challenges.*

For over two decades, this belief has guided Yong-en Care Centre's approach to dementia care.

Our strength-focused, person-centred approach adapts activities to each individual's interests and abilities, helping them stay engaged and live with dignity and purpose. From music and movement to reminiscence, cognitive games and mahjong, every moment of connection matters.



*Enjoying a simulated Lunar New Year shopping experience at the centre.*



*Sharing stories of their past occupations with kindergarten children.*



*Creating handmade cards to nurture creativity and fine motor skills.*



*An ENLIVEN cognitive stimulation game on display at the Strong & Healthy Fiesta.*

In 2025, Yong-en strengthened its dementia care services with the launch of ENLIVEN, a seven-week **Cognitive Intervention Programme** for persons living with mild to moderate dementia. Appointed by MOH-AIC as one of only three agencies to pilot the programme, Yong-en helps seniors maintain their cognitive, social and emotional well-being.

**Scan for more info about our Dementia Care Services.**

We also conduct regular Dementia Awareness and Pre-Dementia workshops, equipping individuals, families and organisations with the knowledge and confidence to better support persons living with dementia.

Our care extends to families and caregivers, too. They find peace of mind knowing their loved ones are understood, respected and encouraged to thrive in their own way, with Yong-en alongside them on their journey.



**Get in touch to learn more about our Dementia Care Services, programme enrolment and support for you and your loved ones.**

- 6225 1002 (Yong-en Dementia Day Care)
- 9851 8501 (ENLIVEN, Cognitive Intervention Programme)



*ENLIVEN participants put their fine motor skills to work while making mooncakes together!*




*Children made their own mooncakes and painted and folded paper lanterns, bringing their festive creations to life!*



*Bringing Mid-Autumn closer to home! Seniors living with dementia enjoyed a simulated lantern walk right at our day care centre.*



*Yong-en joined Mid-Autumn @ Smith Street with handicraft sales and youth volunteers helping visitors enjoy the paper-cutting experience booth with craftsman, Jimm Wong.*

# A Peek into Our Mid-Autumn Celebrations! 🏮✨



# What's Happening at Yong-en
# From Our Community



## Come Visit Us at YEAH! Open House

Looking for fun ways to stay active, make friends and enjoy your golden years? Join us at Yong-en Active Hub (YEAH!) Open House! Meet our team, explore activities and discover new ways to age well.

📅 **23 October 2026 (Friday), 9am – 4pm**
📍 **YEAH!, 3779 Jalan Bukit Merah, #01-03, S159462**
Register here or scan QR: bit.ly/yeahopenhouse26
For enquiries: 8322 9954 / 6980 3123.




## The Heart of Caring on Our Town, CNA938

What makes caring for seniors so meaningful?
In celebration of Nurses Day, our Senior Staff Nurse, Celestine Lee, joined CNA938's Our Town to share her nursing journey, the moments that shaped her calling and what it means to care for seniors and their families.

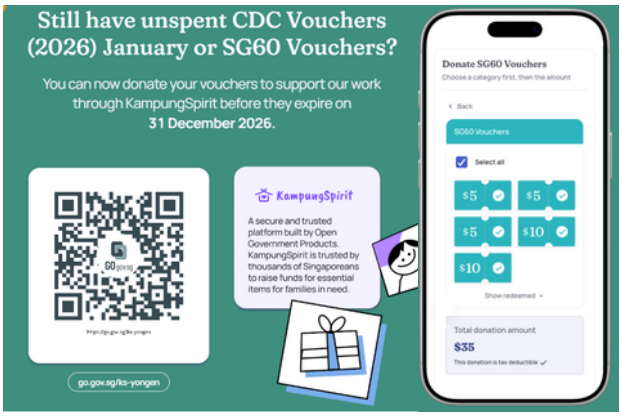
🎧 Catch the podcast below or scan QR:
https://www.melisten.sg/podcast/playlist/Our-Town-2529511/The-Heart-of-Caring-3394951




## A Wild Day Out at River Wonders!

Our children and youths had a wild time exploring River Wonders with Cisco volunteers during the September holidays! For many, it was their first visit - a chance to discover fascinating animals, learn beyond the classroom and make memories together.

We welcome corporate partners to explore sponsoring an activity with us!
📞 6225 1002
✉️ yong-encommunity@yong-en.org.sg




## Turn Your Unused CDC & SG60 Vouchers into Care

Have unspent 2026 CDC Vouchers or SG60 Vouchers? Donate them through KampungSpirit and turn your unused vouchers into meaningful support for the community.

💛 Donate by 31 December 2026:
https://go.gov.sg/ks-yongen

# Amplify Yong-en's Work with Your Gift.

Yong-en Care Centre provides essential support to vulnerable seniors, families, and youth in our community. As the majority of our services are funded through public donations, your support enables us to continue this vital work and reach those who need it most. Join us in making a meaningful difference today.

*All donations are eligible for 250% tax deduction. To receive tax deduction, please provide your NRIC/FIN/UEN and email your full name and payment record to mail@yong-en.org.sg.

***Please quote the following in your payment reference:**

- **WLC** (To support our **With Love, Chinatown 2026** campaign, matched by Tote Board's EFR Programme)
- **NRIC/FIN/UEN** for Tax-Deduction

**Bank Transfer**
Account number: 009-012526-4 DBS Checking account

**PayNow**
You may use PayNow to UEN **S96SS0165G** or scan the QR.

**YOU CAN SUPPORT:**

$100 provides one month of food rations for a household living in a rental flat.

$200 funds one home care visit by a professional nurse for a senior in need.

$100–$700 provides urgent financial assistance for a family facing hardship.

## Find us at

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Volunteers play an important role in our programmes and services.
If you or your organisation would like to volunteer with us,
please contact us at yong-encommunity@yong-en.org.sg
Scan QR to follow our volunteer chat on Telegram (@yccvolunteer).